



kikkoman®



Today's kids are hungrier than ever for big, bold global flavors. School menu-makers are responding with a whole new world of foods inspired by the cuisines of Mexico, Latin America, the Mediterranean, and Asia.



How can you tap into global flavor excitement while saving labor and meeting USDA nutritional guidelines? Kikkoman's full line of ready-to-use, kid-approved sauces



make it easy. They're so packed with crave-appeal, they can transform commodity proteins, veggies and other everyday ingredients into instant international favorites.

To help you navigate the increasingly complex world of nutritional needs, we have all kinds of cleanlabel and better-for-you products including reduced sodium, gluten-free and preservative-free options.



YOUR GLOBAL GO-TO

You can turn to Kikkoman's hardworking sauces again and again as flavor starters for any cuisine—not just Asian. That's because they're irresistibly sweet, savory and rich with umami. Whether you choose convenient half-gallon jugs or grab-n-go packets, you can count on consistent U.S.-made quality with every order.

We hope these recipes inspire you to create some great global dishes of your own. For more kidpleasing recipes and ideas, visit us at **KikkomanUSA.com/foodservice/K-12**.



LABEL-FRIENDLY SOLUTIONS

CLEANER LABELS:

of districts serve cleaner label menu items¹



GIUTEN-EREE:

of the districts report offering a customizable menu option for students¹



2

SOLUTIONS FOR SCHOOLS

SOY SAUCES

Soy Sauce*	
Less Sodium Soy Sauce*	
Preservative-Free Gluten-Free Tamari Soy Sauce*	
Preservative-Free Less Sodium Gluten-Free Tamari Soy Sauce	

TERIYAKI SAUCES

Teriyaki Glaze	04910
Preservative-Free Less Sodium Teriyaki Glaze	01657
Less Sodium Teriyaki Marinade & Sauce	01046
Preservative-Free Less Sodium Gluten-Free Teriyaki Marinade & Sauce	01045

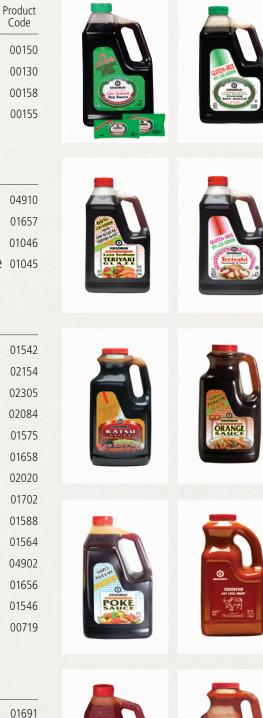
ASIAN SAUCES

Hoisin Sauce	(
Katsu Sauce	C
Lime Ponzu Citrus Seasoned Dressing & Sauce	0
Ponzu Citrus Seasoned Dressing & Sauce*	0
Preservative-Free Orange Sauce	C
Preservative-Free Poke Sauce	C
Rice Vinegar	C
Preservative-Free Non-GMO Toasted Sesame Oil	(
Sriracha Hot Chili Sauce	C
Sushi Sauce (Unagi Tare)	C
Sweet & Sour Sauce	0
Preservative-Free Low Sodium Gluten-Free Sweet & Sour Sauce	C
Thai Style Chili Sauce*	C
Wasabi Sauce	C

RAMEN SOUP MIXES

Miso Ramen Soup Mix (Green Label) Shoyu Ramen Soup Mix (Green Label) Tonkotsu Ramen Soup Mix (Green Label)

*Also available in portion control packets.



01690

01620



ASIAN IS COOL KIKKOMAN MAKES IT EASY



If you're looking to serve the Asian-style foods kids love, Kikkoman has a one-step sauce solution for you in convenient half-gallon jugs and grab-n-go packets.

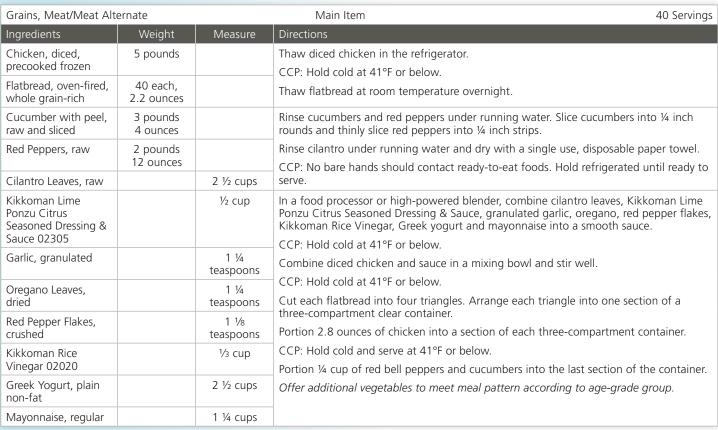
For more information and inspirAsian, visit www.KikkomanUSA.com/foodservice/K-12

RECIPES

ROLL IT!

To create a Chimichurri Chicken Wrap, top a large tortilla with the sauced chicken, cucumbers, bell peppers, cilantro and some shredded lettuce or cabbage and roll it up, burrito-style.

CHIMICHURRI CHICKEN GRAB-N-GO BOX



Serving Size	1 Serving Provides
1 portion	2 ounce equivalents grains, 2 ounce equivalents meat/meat alternate, $\frac{1}{2}$ cup equivalents vegetables
Nutrients Per Serving	

Nutrients rei Servin	iy								
Calories	329	Cholesterol	48.23 mg	Sugars	4.79 g	Calcium	45.70 mg	Calories from Total Fat	36.16%
Total Fat	13.22 g	Sodium	503.77 mg	Protein	20.18 g	Iron	0.64 mg	Calories from Sat Fat	4.89%
Saturated Fat	1.79 g	Carbohydrate	33.25 g	Vitamin A	1106.99 IU	Water	76.84 g	Calories from Trans Fat	0.00%
Trans Fat	0.00 g	Dietary Fiber	3.89 g	Vitamin C	42.37 mg	Ash	0.41 g	Calories from Carbohydrates	40.42%
								Calories from Protein	24.52%

PANINI IT

To make a Spicy Cubano Sandwich, top a slice of bread with shredded mozzarella, the yogurt-Sriracha mixture, pulled pork, ham, pickles, and more mozzarella. Top with a second slice of bread. Butter outsides of sandwich and cook on a griddle under a weight. Flip and cook to brown second side.



SPICY CUBANO FLATBREAD

Grains, Meat/Meat Alternative Main Item 40 Servings Ingredients Weight Measure Pulled Pork 5 pounds Thaw pork in the refrigerator. CCP: Hold cold at 41°F or below. Flatbread, oven-40 each. Thaw flatbread at room temperature overnight. 2.2 ounces fired, whole grainrich Check with pork manufacturer for yield and meat/meat alternate crediting, as some may differ. Greek Yogurt, plain 2 cups Preheat convection oven to 400°F. Line four sheet trays with parchment paper. In a small non-fat mixing bowl, combine Greek yogurt, mustard and Kikkoman Sriracha Hot Chili Sauce. Yellow Mustard, ½ cup prepared Kikkoman Sriracha 2 tablespoons Hot Chili Sauce 01588 Ham, 97% fat 1 pound Chop pulled pork into small pieces, set aside. free, water-added, 4 ounces CCP: Hold cold at 41°F or below. cooked, diced Dice ham into 1/4 inch pieces, if necessary. CCP: Hold cold at 41°F or below. Dill Pickles, sliced 9 ounces Place 8 flatbreads on each sheet tray. On each flatbread, spread 2 tablespoon of the yogurt-mustard mixture. Portion 2 ounce scoops of pulled pork on top and use gloved hands to spread pork evenly. Portion 40, 1/2 ounce scoops of diced ham on each flatbread, sprinkling evenly. Sprinkle pickle halves on flatbread. Lite Mozzarella 2 pounds Use a 2 ounce spoon to portion 1 ounce of shredded mozzarella on each flatbread. spreading evenly. Bake for 10-15 minutes until crust is crispy and cheese is bubbling. Cheese, shredded 4 ounces CCP: Cook to a minimum internal temperature of 135°F. Serving size is one flatbread. CCP: Hold and serve hot at 135°F or higher.

Serving Size	1 Serving Provides
1 portion	2 ounces equivalent grains, 2 ounces meat/meat alternate

Nutrients Per Serving									
Calories	374	Cholesterol	59.20 mg	Sugars	5.03 g	Calcium	42.85 mg	Calories from Total Fat	31.92%
Total Fat	13.27 g	Sodium	976.07 mg	Protein	27.59 g	Iron	0.81 mg	Calories from Sat Fat	12.28%
Saturated Fat	5.11 g	Carbohydrate	33.94 g	Vitamin A	54.92 IU	Water	18.27 g	Calories from Trans Fat	0.00%
Trans Fat	0.00 g	Dietary Fiber	3.23 g	Vitamin C	0.32 mg	Ash	0.34 g	Calories from Carbohydrates	36.29%
								Calories from Protein	29.50%



BOWL JTT To make a Mojo Pulled Pork Bowl, fill a bowl with cooked brown or white rice. Top with a scoop of Mojo Pulled Pork, honey-lime cabbage slaw and pineapple tidbits.

MOJO PULLED PORK TACOS

Grains, Meat/Meat Alternative			Main Item	40 Servings			
Ingredients	Weight	Measure	Directions				
Pulled Pork	5 pounds		Thaw pulled pork in the refrigerator. CCP: Hold cold at 41°F or below. Reheat pulled pork according to package instructions. CC 135°F. Drain any excess liquid. CCP: Hold hot at 135°F or above until ready to use.	P: Heat to a minimum of			
Kikkoman Preservative- Free Orange Sauce 01575		2 cups	Combine Kikkoman Preservative-Free Orange Sauce, orang oil, garlic, cumin and kosher salt in a sauce pan. Whisk to	combine dried spices.			
Orange Juice, chilled from concentrate		1 cup	Bring the mixture to a boil and allow to cook for 1 minute. Remove from Combine 1 quart of the sauce to 5 pounds of the pulled pork and mix w				
Lime Juice, unsweetened from concentrate or bottled		¾ cup	CCP: Hold and serve hot at 135° F or above.				
Olive Oil		1⁄4 cup					
Cumin, ground		1/2 teaspoon					
Garlic, granulated		1⁄4 teaspoon					
Oregano Leaves, dried		1/2 teaspoon					
Kosher Salt		1/2 teaspoon					
Wheat Tortillas	40 each, 8 inches		To serve, portion a 5-ounce scoop onto each tortilla. Chec for yield and meat/meat alternate crediting, as some may				
			Serving Suggestion: Offer pineapple salsa, honey-lime cole cilantro, or sliced jalapeno on the side (not included in nu				

Serving Size			1 Serving Provides						
1 portion			2 ounces equivalents meat/meat alternate, 1.5 ounces grains						
Nutrients Per Serving								_	
Calories	308	Cholesterol	42 02 mg	Sugars	11 38 g	Calcium	106 50 mg	Calories from Total Eat	28 95%

Calories	308	Cholesterol	42.02 mg	Sugars	11.38 g	Calcium	106.50 mg	Calories from Total Fat	28.95%
Total Fat	9.91 g	Sodium	551.83 mg	Protein	15.89 g	Iron	2.15 mg	Calories from Sat Fat	8.86%
Saturated Fat	3.03 g	Carbohydrate	34.42 g	Vitamin A	7.65 IU	Water	9.70 g	Calories from Trans Fat	0.00%
Trans Fat	0.00 g	Dietary Fiber	2.09 g	Vitamin C	2.56 mg	Ash	0.04 g	Calories from Carbohydrates	44.68%
								Calories from Protein	20.62%

VERY VEGGIE POKE BOWL



To make a Very Veggie Poke Wrap, top a large tortilla with warm white or brown rice, the baked tortilla Ginger Pickled Carrots, pineapple tidbits, edamame, red bell pepper and cucumber. Drizzle with Sesame Sauce and roll it up, burrito-style.

24 Servings

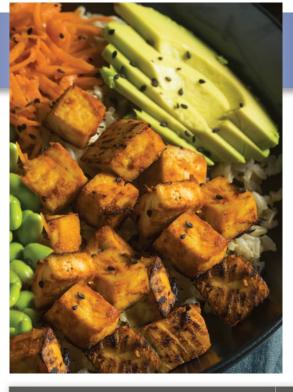
Grains, Meat/Meat Alternative, Fruit, Vegetables

Main Item

Ingredients	Weight	Measure	Directions						
Edamame, frozen		6 cups	Thaw edamame overnight in the CCP: Hold cold at 41°F or below	0					
Ginger Pickled Carrots		24 ½ cup servings	Ginger pickled carrots and sesame sauce may be prepared up to 3 days in advan instructions on next page.						
Sesame Sauce		24 tablespoons	CCP: Hold refrigerated until read	y to serve.					
Tofu, extra firm	3 packages or 14 ounces		2-inch perforated pan set over a	idth-wise to make thinner blocks. Place th 4-inch solid pan. Do not overlap the slice:	s. Place a solid				
Oil, vegetable, soybean, low saturated fat		³⁄4 cup	the pan down, and help to press pineapple pieces as the weights,	tofu and place two unopened cans on to out excess moisture. Suggestion is to use since the pineapple will be served cold fo u overnight, allowing them to drain.	#10 cans of				
Kikkoman Preservative- Free Poke Sauce		³⁄8 cup	CCP: Hold at cold 41°F or below. Preheat convection oven to 475°I	F. Line a sheet tray with parchment paper.					
01658 Kikkoman Less Sodium Soy Sauce 00130		³⁄s cup	the tofu, discard the drained liqu 6 slices across the width, and the ounce blocks of diced tofu on ea- tray with ¼ cup oil. Gently toss the the cubes. Place the tofu in the p minutes, until golden brown and	e three 14 . Drizzle each : to break up ly for 20-30					
				Il temperature of 135°F or above.					
			While the tofu roasts, combine Kikkoman Preservative-Free Poke Sauce and Kikkoman Less Sodium Soy Sauce in a mixing bowl.						
			Remove tofu from oven and immediately toss in sauce mixture to coat the tofu be served hot, or it may be cooled following proper procedure and served colo CCP: Hold and serve hot at 135°F or above.						
Brown Rice, steamed		24 cups	Prepare brown rice per recipe inst						
Cucumber, with peel, raw sliced		6 cups	CCP: Hold and serve hot at 135°R Rinse cucumbers, red peppers, ar inch pieces. Thinly slice scallions a	nd scallions under running water. Dice cu	cumber into ½				
Onions, spring or scallions, chopped		6 cups	CCP: Hold refrigerated until read	y to serve.					
Red Peppers, sweet, raw slices		6 cups							
Pineapple Pieces,		6 cups	Drain pineapple pieces. Reserve ju	uice for use in other recipes.					
juice packed			CCP: Hold refrigerated until read	y to serve.					
			Then, working clockwise around	own rice in the bottom into the bottom of the bowl, add prepared tofu, ½ cup pine ber, ¼ cup cucumber, ½ cup ginger pickle	apple pieces,				
				ich as ½ cup scallions, ¼ cup shredded re f fresh avocado, 2 teaspoons French fried					

Serving Size	1 Serving Provides
1 portion	2 ounces equivalents meat/meat alternate, 2 ounces equivalents grains, $\frac{1}{2}$ cup equivalents fruit, $\frac{3}{4}$ cup equivalents vegetable

Nutrients Per Serving									
Calories	605	Cholesterol	8.89 mg	Sugars	20.93 g	Calcium	230.05 mg	Calories from Total Fat	37.44%
Total Fat	25.19 g	Sodium	436.07 mg	Protein	15.83 g	Iron	3.84 mg	Calories from Sat Fat	5.35%
Saturated Fat	3.60g	Carbohydrate	81.07 g	Vitamin A	10605.26 IU	Water	412.06 g	Calories from Trans Fat	0.01%
Trans Fat	0.00 g	Dietary Fiber	8.45 g	Vitamin C	48.03 mg	Ash	2.46 g	Calories from Carbohydrates	53.56%
								Calories from Protein	10.46%



SESAME SAUCE

Sauce Item	48 Servings			
Ingredients	Measure	Directions		
Mayonnaise, regular	2 ² / ₃ cups	Whisk all ingredients together until combined. For ease of service, place sauce		
Kikkoman Preservative-Free Non-GMO Toasted Sesame Oil 01702	3 tablespoons	in a squeeze-top bottle and offer as a condiment.		
Kikkoman Less Sodium Soy Sauce 00130	3 tablespoons	41°F or below. To serve, drizzle		
Ginger Root, ground	1 teaspoon	approximately 2 tablespoons of sauce onto each bowl decoratively.		

Serving Size

1 tablespoon

Nutrients Per Serving									
Calories	97	Cholesterol	8.89 mg	Sugars	0.00 g	Calcium	0.04 mg	Calories from Total Fat	106.95%
Total Fat	11.54 g	Sodium	102.62 mg	Protein	0.07 g	Iron	0.01 mg	Calories from Sat Fat	13.52%
Saturated Fat	1.46 g	Carbohydrate	0.09 g	Vitamin A	0.01 IU	Water	0.00 g	Calories from Trans Fat	0.00%
Trans Fat	0.00 g	Dietary Fiber	0.57 g	Vitamin C	0.00 mg	Ash	0.00 g	Calories from Carbohydrates	0.37%
								Calories from Protein	0.27%

GINGER PICKLED CARROTS

Vegetables			Side Item	24 Servings		
Ingredients	Weight	Measure	Directions			
Carrots, raw	1 pound 3 ounces		Place carrots in a heat-proof, r container.	non-reactive		
Water		3 cups	In a non-reactive sauce pan, c			
Kikkoman Rice Vinegar 02020	2 cups vinegar, sugar, garlic and ginger. Bring to then immediately turn off heat.		t.			
Sugar, granulated		1⁄4 cup	Pour liquid over the carrots. Allow to cool slightly, then refrigerate, following proper			
Garlic, raw 2 cloves			cooling procedures. Dish may			
Ginger Root, raw		¼ cup	 3 days in advance and kept cold. Drain before serving and serve cold. 			
			CCP: No bare hand contact w foods. Store cold at 41°F or be			



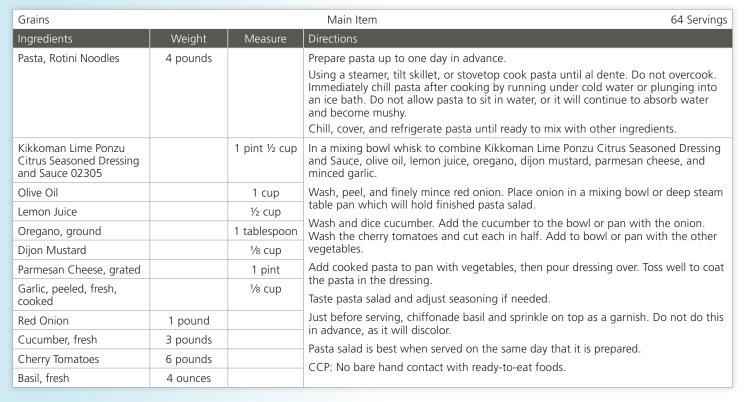
Serving Size	1 Serving Provides
1 portion	1/2 cup equivalents vegetable

Nutrients Per Serving									
Calories	19	Cholesterol	0.00 mg	Sugars	3.18 g	Calcium	16.98 mg	Calories from Total Fat	3.05 %
Total Fat	0.06 g	Sodium	16.57 mg	Protein	0.24 g	Iron	0.08 mg	Calories from Sat Fat	0.51 %
Saturated Fat	0.01 g	Carbohydrate	4.51 g	Vitamin A	3749.41 IU	Water	50.35 g	Calories from Trans Fat	0.00%
Trans Fat	0.00 g	Dietary Fiber	0.65 g	Vitamin C	1.45 mg	Ash	0.26 g	Calories from Carbohydrates	97.51%
								Calories from Protein	5.25 %

BOWL IT!

This salad makes a great base for a bowl meal. Just top it with diced chicken or pulled pork and toss with an extra splash of Kikkoman Lime Ponzu Citrus Seasoned Dressing and Sauce.

CONFETTI PASTA SALAD





ROLL IT OR BOWL IT!

This mega meatball is a versatile dish that can stand alone or be paired with rice and/or vegetables and served in a wrap or bowl.

MEGA MEATBALL

Grains			Main Item 64 Servings
Ingredients	Weight	Measure	Directions
Onion, raw	1 pound, 9 ounces		Preheat oven to 325. Line sheet trays with pan liners. Wash, peel, and finely chop onions.
Garlic, raw		15 cloves	Mince garlic. Heat oil over medium heat in a tilt skillet or large saute pan
Oil, all purpose vegetable		5 tablespoons	(depending on batch size). Add onions and garlic. Saute, stirring frequently, until onions are tender. Do not allow garlic to burn.
Kikkoman Katsu Sauce 02154		1 pint ½ cup	Use a large mixing bowl that will accommodate all of the beef. Alternately, you may make the recipe in batches. Note: You may use the bowl of a large stand mixer for
Kikkoman Less Sodium Soy Sauce 00130		5 tablespoons	this step. Fold Kikkoman Panko Japanese Style Toasted Bread Crumbs into wet ingredients
Eggs	1 pound, 14 ounces		and use hands to fold together. Use gloved hands to work bread crumb mixture into ground beef. Ensure the bread
Kikkoman Panko Japanese Style Toasted Bread Crumbs 05000	1 pound, 14 ounces		crumb mixture is completely and evenly mixed into the beef. Note: You may also use a large stand mixer with paddle attachment for this step. Blend on low speed until combined.
Beef, raw, ground	20 pounds		Use a ½ cup scoop to portion meatballs onto tray 5 across and 6 down (30 per tray).
			Bake meatballs for 10-15 minutes until cooked to approximately 140°F.
			CCP: Do not serve. See next step.
Kikkoman Katsu Sauce 02154		1 pint, 13 tablespoons	Make the glaze: Whisk ketchup and Kikkoman Katsu Sauce together in a mixing bowl.
Ketchup		1 pint, 13 tablespoons	After meatballs have reached approximately 140°F, spoon 1 tablespoon of glaze on top of each meatball.
			Return meatballs to oven and finish cooking to a minimum internal temperature of 165°F for 15 seconds.
			Transfer to a serving pan, cover, and hold hot for serving.

PEARL® Organic Smart Soymilk A SMARTER MILK ALTERNATIVE



- Formulated to meet USDA School Nutrition Guidelines
- More calcium and Vitamins A and D than whole milk
- Increased calcium, potassium, magnesium, riboflavin and Vitamin B12
- Cholesterol-free, an excellent source of folate, low in saturated fat, preservative-free and minimally processed and pasteurized
- 8 grams of protein per serving—nearly one-third the daily requirement
- Kosher and USDA Organic Certified
- Shelf-stable storage
- Single serve (8 ounce) sizes available in 3 delicious flavors— Original, Creamy Vanilla and Chocolate
- 25% of school districts serve soymilk⁴

⁴ School Nutrition Trends Report, 2014



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